

Dynamic Revolutionary
 Egalitarian Assurgent Motivative
 Society **(DREAMS)**
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“DREAMS - e - homoeo”

a weekly 'e' magazine by DREAMS

*DREAMS is a consortium of dedicated workers aiming for the social upliftment, working at grass root levels in the important areas like **health, education, national integration, pollution free environment** etc.*

DREAMS has worked to open free medical camps in various villages, providing free medical care. Also worked during natural calamities like earthquake and epidemics.



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Clinical tips of **Dr. D.P. Rastogi**

Weekend headaches, Saturday **Nat. mur.**
 Weekend headaches, Sunday **Sulphur.**
 Headaches, Tuesday **Nat mur.**
 Pain over right eye into eye **Sang. Can.**
 (some times Spigelia).
 Pain over left eye into eye **Spigelia.**

(contributed by **Dr. navneet bidani**)

Quote

To see what is right, and not to do it, is
 want of courage or of principle.

Confucius

Regular features

Homoeopathic topics
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General medical info
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Health tips

To get quick and permanent relief from piles, eat enough raw reddish, two pieces of dry prune and two pieces of dry fig daily at least for one month.

By **Dr. S.S. Vithal**
www.drivithal.com

Laughter dose

The health minister is visiting a psychiatric ward. He asks the head of psychology, "How do you determine if a patient is cured." The psychologist explains: "We take them to the bathtub, which is filled with water, hand them a spoon and a cup and ask them to empty the bathtub." "I see," says the health minister, "the cured person would choose the cup because it's bigger, and would empty the tub faster." "Actually no," replies the psychologist, "a normal person would simply pull the plug."

Repertory

DEAFNESS, hardness of hearing Cause

Mercury, abuse of -- Hep., Nit. ac.

Alternate with sensibility of ear -- Sil.

Apoplexy -- Arn., Bell., Caust., Hyos., Rhus

Bone conduction, deficient, or absent -- Chenop.

Cerebral -- Chenop., Mur. ac.

Cold exposure -- Acon., Kali m., Visc. a.

Concussion -- Arn., Chin. s.

Damp weather -- Mang. ac.

Discharge suppressed or eczema -- Lob. infl.

Eruption of scalp, suppressed -- Mez.

Human voice, difficult to hear -- Calc. c., *Chenop.*,

Ign., Phos., Sil., Sul.

Nutritional disturbance, in growing children --

Calc. c., Merc. i. r.

Old age -- Kali m., Merc. d., Phos.

Sclerotic condition of conducting media -- Ferr.

picr., Thiosin.

Working in water -- Calc. c.

You asked.....

Q. For how long one should wait after prescribing a single dose in chronic disease?

Dr. Neha
BHMS, Delhi

Answer: The onset of action of drug administered in a chronic case depends upon the following factors viz its similitude with the symptomatology, the type of drug (whether superficial acting or deep acting), Sensitivity of the case, Case Type (curable, one-sided, drug disease, incurable with gross pathological symptoms), the dose of the drug, potency applied and of course the maintaining factors influencing. Normally if everything goes well, I find that a deep acting polycrest takes somewhere between 3 days to 3 weeks to take effect. One more thing, if your drug is a similitum than the first effect will be at the mental level and if a palliative than on the distressing symptom.

Dr. Navneet Bidani

Investigation tips

Troponin-T test

troponin-T test is *highly sensitive and specific in the diagnosis of acute myocardial infarction*. This is also used to differentiate between unstable angina and myocardial infarction. troponin T levels predict also short-term prognosis in patients with acute coronary syndromes. levels of troponins can become elevated in the blood within 3 or 4 hours after the cardiac injury and may remain elevated for 10 to 14 days.

ANTHRACINUM (Anthrax Poison)

This nosode has proven a great remedy in epidemic spleen diseases of domestic animals, and in septic inflammation, *carbuncles* and *malignant ulcers*. *In boils* and boil-like eruptions, acne. Terrible burning. Induration of cellular tissue, abscess, bubo, and all inflammation of connective tissue in which there exists a purulent focus.

Tissues.--Hæmorrhages, black, thick, tar-like, rapidly decomposing, from any orifice. Glands swollen, *cellular tissues œdematous and indurated*. Septicæmia. Ulceration, sloughing and *intolerable burning*. Erysipelas. Black and blue blisters. Dissecting wounds. Insect stings. Bad effects from inhaling foul odors. Gangrenous parotitis. *Succession of boils*. Gangrene. Foul secretions.

Relationship.--Similar to Arsenic, which it often follows. Compare: *Pyrogen; Lachesis; Crotalus; Hippozoen; Echinac; Silica* follows well. In the treatment of carbuncles, remember the prescription of the prophet Isaiah for King Hezekiah's carbuncle-i.e the pulp of a fig placed on a poultice and apply.

Dose.--Thirtieth potency.

Your responses

This e magazine is a good initiative to deliver on a larger scale. It is light and equally informative.
Thanks.

Dr. Bhavna

Let's get quizzical

Give the medicines for :-

Craving for butter

Craving for buttermilk

Craving for milk

Note : the maximum correct entries would be awarded at the end of the year

Answer to last quiz

Diarrhoea from onion**Thuja**

Diarrhoea from coffee **cist, cycl, thuja**

Diarrhoea from chocolate..... **lith**

Correct answers from

Dr. Mamta, Dr. Ajay, Dr. Bindu, Dr. Ruchi, , Dr. Preeti, , Dr. Neha

Nobel laureate Montagnier takes homeopathy seriously

In a truly remarkable interview published in SCIENCE magazine of 24 December, Professor Luc Montagnier, a French virologist who co-discovered HIV and who won the Nobel Prize in 2008, describes his newest work that has significant implications on homeopathy.

Montagnier, who is also founder and president of the World Foundation for AIDS Research and Prevention, makes the following strong statement for homeopathy and homeopathic doses: "I can't say that homeopathy is right in everything. What I can say now is that the high dilutions are right. High dilutions of something are not nothing. They are water structures which mimic the original molecules."

In a study that was published in 2009, Montagnier demonstrated that some bacterial DNA sequences are able to induce electromagnetic waves, even at high aqueous dilutions up to 10^{18} . This study was an important contribution to the growing evidence base in fundamental research with direct relevance to homeopathy.

Montagnier will take on the leadership of a new research institute at Jiaotong University in Shanghai and plans to study the phenomenon of electromagnetic waves produced by DNA in water. His research team will study both the theoretical basis and the possible applications in medicine.

In the interview Montagnier says that he cannot pursue this research in France because he does not have much funding there. Because of French retirement laws, he is no longer allowed to work at a public institute. But there is another reason as well. When he applied for funding from other sources, he was turned down. Montagnier argued that there is a kind of fear around this topic in Europe.

In this context he refers to Dr Jacques Benveniste, a French physician/scientist who conducted research on homeopathic doses. Montagnier regards him as a "modern Galileo." "Benveniste was rejected by everybody, because he was too far ahead. He lost everything, his lab, his money. ... I think he was mostly right, but the problem was that his results weren't 100% reproducible." "I am told that some people have reproduced Benveniste's results, but they are afraid to publish it because of the intellectual terror from people who don't understand it."

Montagnier is not worried that his colleagues will think he has drifted into pseudoscience. He replied adamantly: "No, because it's not pseudoscience. It's not quackery. These are real phenomena which deserve further study."

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