

Dynamic Revolutionary Egalitarian Assurgent Motivative Society
(DREAMS)

A charitable society registered under the societies registration act,,XXI of 1860

“DREAMS - e - homoeo”

a weekly newsletter by DREAMS

DREAMS is a consortium of dedicated workers aiming for the social upliftment, working at grass root levels in the important areas like **health, education, national integration, pollution free environment** etc.

DREAMS has worked to open free medical camps in various villages, providing free medical care. Also worked during natural calamities like earthquake and epidemics.

15-12-2010, Wednesday



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Clinical tips

Right sided sciatica	Lachesis
Left sided sciatica	Colocyth
Right knee pain	Jacaranda, mag carb
Left knee pain	argemone, helianthus

(contributed by **Dr. Nirmaljeet Singh**)

Quote

The journey of thousand miles begins from first step.

- CONFUIUS

Regular features

Homoeopathic topics
Therapeutics
Material medica
Organon
Repertory
Stalwarts

General medical info
Latest info
Investigation tips
Retro

Lighter moments
Jokes
Quiz
Stories
quotes

Investigation tips

CA 125 is a tumour marker of ovarian cancer.

Normal values range from 0 to 35 (µg/mL)

OBITUARY

It is with deep remorse that it is informed that Dr. D. P. Rastogi has passed away following cardiac arrest on 15-12-2010 at his residence at 9-30 a.m. May God give the strength to bear this massive loss to Dr. Rastogi's family & the entire Homoeopathic fraternity.

Dr. D. P Rastogi born on 8th May 1939 was indeed a legend, having passed out as a Gold Medalist from the Calcutta Homoeopathic Medical College, and then further from London & Glasgow, Dr.Rastogi has painstakingly developed the academics in homoeopathy. He has established the Boenninghausen Academy for Classical Homoeopathy to promote the teaching of Boenninghausen's Repertory. He was Ex-Director, Central Council of Research in Homeopathy, New Delhi, India, and was the Ex-Principal, Nehru Homeopathic Medical College and Hospital,

All this is apart from being an Honorary Visiting Professor to a number of Homoeopathic colleges. His years of toil, relentless perseverance, has conferred upon him Awards like the Hahnemann Award-1995, Dhanwantri Award-1997, & more recently the Life Time Achievement Award. A keen observer, a great listener & an Embodiment of Knowledge, ever ready to share and a beloved teacher to all.

May his soul rest in peace.

ZINCUM ACETICUM

effects of night-watching and erysipelas; brain feels sore; *Rademacher's solution*, five-drop doses three times a day in water, *for those who are compelled to work, on an insufficient amount of sleep.*

Lets get quizzical

Craving for egg :	????
Craving for fish :	????
Craving for pork :	????
Craving for mutton:	????
Craving for coffee :	????
Craving for tea :	????
Craving for milk :	????
Craving for soup :	????

Answer to previous quiz

Melophobia is the fear of music and the medicine is **nat carb, digi**

Agoraphobia is the fear of space and the medicine is **Aco, Calc carb**

Carcinophobia is the fear of cancer and the medicine is **verat alb**

Anthropophobia is the fear of people and the medicine is **aco, aur, baryta, staph .**

Right answers by: Dr. Ruchi, Dr. Preeti

Health tip

Consuming plenty of water and other fluids like lime juice, green tea is always recommended. Water keeps the body well hydrated and controls your appetite to a certain extent.

by Dr. S.S. Vithal

EMOTIONS, Effects of

Jealousy -- Apis., Hyos., *Lach.*, Staph.

Joy, excessive -- Caust., *Coff.*, Croc.

Nostalgia (homesickness) -- *Caps.*, Eup. purp., Helleb., *Ign.*, Mag. m., *Phos. ac.*, Senec.

Shame, mortification, reserved displeasure -- Aur., *Ign.*, Nat. m., *Staph*

Thus spoke the philosopher.....

A review of current literature and neighborly relations with many physicians of the dominant school of medicine reveals not only a more friendly spirit than formerly existed, but an active interest in what their homœopathic brethren have to offer toward the solution of therapeutic problems and a duke to co-operate. The era of therapeutic nihilism is passing away. Thinking men and leaders of the dominant school are ready to participate in a scientific discussion of the theory and principles of therapeutic medication from a homœopathic standpoint when approached in a non-sectarian spirit. They are becoming more generally receptive of the idea of the existence of a general principle or law of therapeutic medication than ever before and more willing to consider evidence submitted in favor of that proposition. They rightly hold, however, that the evidence to be submitted should be prepared in such a manner as to comply with the requirements of scientific research. Leaving that phase of the subject to the scientific and research workers' and others to whom it may be congenial, and not forgetting the many in our own school who are interested, it seems permissible to present once more, as simply and attractively as possible, an exposition of the logical, historical and philosophical principles upon which Homœopathy is based and attempt to show, at least suggestively, its relation as a department of general medicine to other sciences. That is the object of this book. It makes no pretensions to being "scientific." It is conceived and submitted in a fraternal and philosophic spirit, however far it may fall short of adequate expression.

Stuart Close.

Japanese encephalitis

Severe rigors mark the onset of this disease in humans. Fever, headache and malaise are other non-specific symptoms of this disease which may last for a period of between 1 and 6 days. Signs which develop during the acute encephalitic stage include neck rigidity, cachexia, hemiparesis, convulsions and a raised body temperature between 38 and 41 degrees Celsius. Mental retardation developed from this disease usually leads to coma. Mortality of this disease varies but is generally much higher in children. Transplacental spread has been noted. Life-long neurological defects such as deafness, emotional lability and hemiparesis may occur in those who have had central nervous system involvement. In known cases some effects also include nausea, headache, fever, vomiting and sometimes swelling of the testicles

A lot of work has been done by homoeopaths in several states and it was informed that they have come out with a highly effective prophylactic that is a set of *B.C.T.* i.e. belladonna, calcarea carb and tuberculinum in the given order all in 1 M potency
